



DECEMBER 2023

4-H Family News

Livingston County

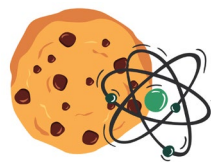


4-H Cookie Science Workshop January 4th at 1 pm

Looking for a fun educational activity for youth during winter break? Join the 4-H staff on January 4th at 1 pm at the MSU Extension Office for a Cookie Science Workshop. Learn about the science behind the baking cookies and how different ingredients, temperatures, and methods create different types and textures of cookies. We will also be baking a gluten free cookie option! This free workshop is for youth 8-19 years old. Youth do not need to be previous 4-H members but must sign up for 4-H before they attend. This workshop is capped at 15 youth so sign up and save your spot today.

Register at:

https://msu.co1.qualtrics.com/jfe/form/SV_b2u5wMlmsYLwsqG



UPCOMING MEETINGS & EVENTS:

Parliamentary Procedure and Officer Training

December 12th at 5:30 pm at the Livingston Educational Service Agency at 1425 W Grand River Ave, Howell MI 48843

Livingston County MSU Extension Office Closed

December 20th – January 2nd, 2024

4-H Cookie Science Workshop

January 4th at 1 pm at the MSU Extension Office

4-H Council Meeting

January 16th at 7 pm at the MSU Extension Office

Entomology Workshop

January 18th at 6:30 pm at the MSU Extension Office

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COUNTY 4-H NEWS

Join us for an Entomology Workshop January 18th at 6:30 pm



Do you know a 4-H'er interested in insects? Join us on January 18th at 6:30 pm at the MSU Extension Office to learn about how to identify insects, why they are important, what you need to start an entomology project, and all the fun you can have collecting insects! This workshop will be led by 4-H project leaders George Campbell and Nan-Marie Fox. Youth ages 5-19 are welcome. This is a great opportunity for beginners or more experienced 4-H'ers. Remember it's easy to join 4-H, so youth who are not currently 4-H'ers can sign up and attend too.

Register here: https://msu.co1.qualtrics.com/jfe/form/SV_0TI6OJOsG3LYKLc

Spots Still Available for Parliamentary Procedure and Officer Training on December 12th

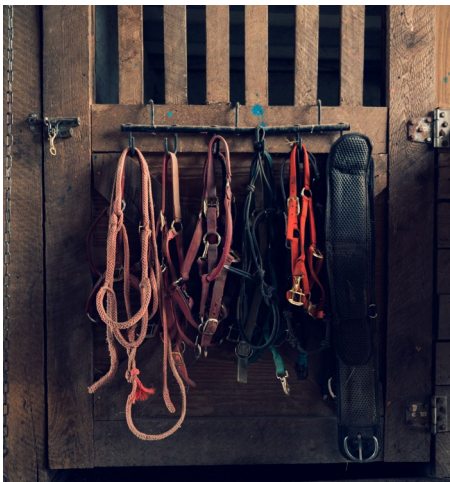
Join us on December 12th at 5:30pm at the Livingston Educational Service Agency (1425 W Grand River Ave, Howell MI 48843) for our Parliamentary Procedure and Officers Training. Pizza and pop will be provided! This is a session led by our statewide Leadership, Cultural and Civic Engagement team.

RSVP is required for this event due to limited space. Youth do not need to be serving in officer roles to attend, and 4-H Gold Volunteers are welcome to attend!

Please email: Krollkat@msu.edu or call 517-552-6903 to RSVP.



Save the Date: Hartland New and Used Tack Sale on February 10th



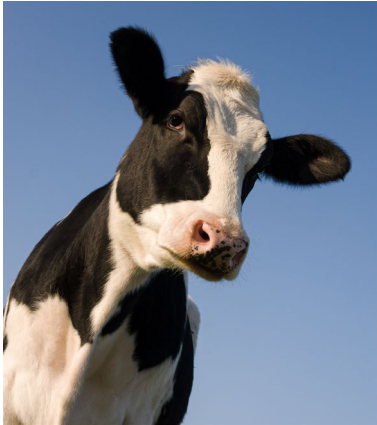
We are excited to announce the date of our 2024 Hartland New and Used Tack Sale! Join us on February 10th from 10am-2pm at the Hartland Educational Support Service Center (9525 E. Highland Rd., Howell, MI 48843). Proceeds will be used for the Livingston County 4-H Horse Committee. The public is invited to buy or sell. Spaces available include tables: 6' x 8' for \$20 or 6' x 16' for \$30. Tables (5'-6') are available \$5 per table (additional fee). Fees are non-refundable.

Are you interested in a vendor space this year? See our flyer for more information! <https://bit.ly/2024TackSale>



COUNTY 4-H NEWS

Washtenaw County 4-H Dairy Quiz Bowl Invites Neighboring Counties to Join



The Washtenaw County 4-H Dairy Quiz Bowl Team would like to invite Livingston County 4-H'ers to attend their meetings. The group meets the 3rd Monday of each month January thru July. They discuss dairy science and dairy production topics. The material is also very relevant to youth interested in vet science. They meet at Horning Farms in Manchester. The first meeting is Monday, January, 15 at 6:30 pm. They will have pizza to start our kick-off meeting for the year. To RSVP (to help plan for food) or if you have any questions, please contact Katelyn Packard at klhorning14@gmail.com or Amy Harris at harr1976@msu.edu.

Interested in Starting a Poultry Project Next Year?

Are you thinking about starting a Poultry project for next year's fair? Don't wait until spring! If you are looking to enter show or production birds at fair, you should be looking for your show stock, and if you are looking to enter market animals, take some time to research the care your animals will need this spring!

Poultry can be a great beginner livestock project, and are perfect for families that cannot have large livestock but can have backyard chickens!



Living in a suburban or urban area? Check with your township to see if they permit backyard chicken flocks! Poultry are a great multipurpose livestock species, and can be used for egg production, meat production, companionship, and garden pest and weed management and more! Because of the variety of breeds available, there are birds that can fit well into almost any 4-H project. From fancy breeds such as Silkies and Old English Game Bantams, to egg production breeds like Rhode Island Reds and Plymouth Rocks, to meat production birds such as Cornish Cross, there are birds for anyone who is able to keep them! There are other poultry species, such as Ducks, Geese, Quail, or Turkeys that may be a great option for youth looking to expand their current program too!

- For a brief description of the current breeds and varieties recognized by the American Poultry Association, please see: <https://amerpoultryassn.com/accepted-breeds-varieties/>
- The American Poultry Association also has many great articles on raising, breeding, and showing poultry. For more information, please see: <https://amerpoultryassn.com/>
- Thinking of starting with chicks? MSU Extension has information on tips for bringing home baby chicks! https://www.canr.msu.edu/news/tips_for_bringing_baby_chicks_home
- Please reach out to Kat at Krollkat@msu.edu or 517-552-6903 to be connected with a county-wide project expert!



Livingston County Awards Recap



Congratulations to all our Livingston County 4-H Award Winners! It was exciting to see more than 100 people attend and recognize our 4-H youth, volunteers, and community supporters on Friday November 17th. We also want to thank our 4-H Ambassadors, Ashley Baize, Ashley Bernardin, Danykah Muck, and Emma Roberts for planning, setting up, and decorating for this event.

Congratulations to the following 4-H youth:

Key Club Award Winner: Ashely Baize

County Award Medal Winners:

- Mikayla Angus – Dogs and Foods
- Ashley Baize - Entomology & Bees
- Addison Bernardin - Dogs
- Alison Campbell - Entomology & Bees and Cake Decorating
- Brady Crum - Rabbits
- Carson Hoy - Photography
- Sophia Hoy – Foods and Special Recognition - Community Service
- Danykah Muck – Judging and Swine
- Emma Roberts - Rabbits

Junior Achievement Award Winners:

- Ethan Baize, Blake Crum, Alyson Labadie, Kara Peters, Rue Snyder

Incentive Award Junior Winners:

- Grace Anderson, Jordan Browder, Callie Crawford, Aubrey Robinson, Colton Roeske

Incentive Award Intermediate Winners:

- Tessa Carter, Shawna Davis, Thomas Labadie, Mikayla Pilarczyk

Cloverbud Award Winners:

- Fiona Carroll, Brogan Crum, Mabel Donovan, Landon Grove, Molly Hardies, Elsie Myers, Annabelle Priest, Kasten Timer, Kinze Timer





Livingston County Awards Recap

In addition to our 4-H youth, we want to congratulate our 4-H volunteers and community supporters who are the backbone of our 4-H program. These volunteers and community supporters give so much of their time and energy to make the best better in Livingston County 4-H. Please congratulate these volunteers and community supporters on their years of service and awards.

Congratulations to the following 4-H volunteers and community supporters:

Leader Service Award: Cathy Luke of Ranger's 4-H Club

Special Service Award: Debbie Sawinski and Attaboy Dog Training's owner, Karen Vaden

For 30 years of service:

- Kat Black
- Patricia Roeske

For 25 years of service:

- Wayne Moulton
- Gayle Roberts

For 20 years of service:

- Matt Munsell

For 15 years of service:

- Kathy McMinn
- Cheryl Stevens

For 10 years of service:

- Cara Arbenowske
- Linda Battison
- Joshua Hovey
- Brian Klink

For 5 years of service:

- Abby Aldred
- Ann Clemons
- Alex Derian
- Heather Derian
- Nancy Krebs
- Dale Mize

For 1 year of service:

- Melissa Beduhn, Stacy Carroll, Donna Chacon, Clara Coppola, Nancy Efrusy, Nicole Falvo, Diana Haaseth, Tracy King Maudrie, Jessica Myers, Maryann Pedigo, and Heather Rutherford





Livingston County 4-H December 2023


Sun	Mon	Tues	Weds	Thur	Fri	Sat
					1 ★ ARBA Rabbit Show - Frankenmuth	2 ★ ARBA Rabbit Show - Frankenmuth
3 ★ ARBA Rabbit Show - Frankenmuth	4	5	6	7	8	9
10	11	12 5:30pm - Parliamentary Procedure & Officers Training @ LESA	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	<p>Happy Holidays! MSU Extension Closed</p>	
29	30	<p>Happy Holidays! Extension office closed.</p>				
31 Happy New Year!						

★ = this event is not run by Livingston County 4-H. Please see the Michigan State Rabbit Breeders Association for more information: <https://msrba.net/show-schedule/>

Have a club event you want to highlight? Send it to Kat and we will try our best to add it here!



Livingston County 4-H January 2024

Sun	Mon	Tues	Weds	Thur	Fri	Sat
	1 Happy Holidays! Extension office closed.	2	3	4 1PM - 4-H Cookie Science  Workshop at Howell MSU Extension Office	5	6
7	8	9	10	11	12	13
14	15	16 7pm - 4-H Council Meeting - Zoom	17	18 6:30PM -  4-H Entomology Workshop at Howell MSU Extension Office	19	20
21	22	23	24	25	26	27 4-H Rabbit Show at MSU Pavillion 
28	29	30	31			



Details coming soon!



STATEWIDE CALENDAR OF EVENTS

Shop the Michigan 4-H store this holiday season



Buy your favorite Michigan 4-H apparel, drinkware, and essentials at the SHOP 4-H Online Store!

Offered in collaboration with National 4-H Council through Shop 4-H, the Michigan 4-H store offers Michigan 4-H branded apparel and other gifts. Visit the store online and find the perfect item for your favorite 4-H'er, volunteer, alumni, professional or fan! The shop is open to the public and a percentage of all proceeds will be donated to Michigan 4-H.

To order Michigan 4-H specific items, visit <https://bit.ly/30pdNJw>. The store will remain open beyond the holiday season to continue offering Michigan 4-H branded gear to the Michigan 4-H community.

December 2: Oakland County Tack & Craft Sale

Springfield Oaks Activity Center, Davisburg

Come shop for one of a kind unique holiday gifts! Admission to the sale is \$1. All are welcomed to attend.

www.canr.msu.edu/events/adulting10111-8-23

December 12: Wild Spartans – Casting for a Career in Coldwater Conservation

Online

Dive into the Great Lakes and rivers to explore their coldwater residents! Meet the Great Lakes Engagement Coordinator for Trout Unlimited, Jamie Vaughan. Learn about her field work and the education and career path she followed to get there.

www.canr.msu.edu/events/wild-spartans-series-2023-2024dec

MSU Extension Listening Session Series

Various locations

MSU Extension is holding a series of public listening sessions. Through these sessions, MSU Extension hopes to gather input on where the organization is, what they do well, and where there are opportunities for improvement. This feedback will be used to help shape MSU Extension's priorities and service for years to come. Everyone is welcome and encouraged to attend!

- **Dec. 11 - Marquette** - 4-6:30 p.m. - Northern Center, Northern Michigan University
- **Dec. 12 - Grayling** - 4-6:30 p.m. - Kirtland College Event Center
- **Dec. 13 - Frankenmuth** - 4:30-7 p.m. - Saginaw Valley Research and Extension Center
- **Dec. 14 - Muskegon** - 4-6:30 p.m. - Muskegon Community College
- **Dec. 18 - Kalamazoo** - 4-6:30 p.m. – Delta Hotels Kalamazoo Conference Center

Pre-registration is highly encouraged. Walk-in registrations may be limited due to facility capacity. Register now at events.anr.msu.edu/listeningseries.

Kettunen Center Inventory Closeout

Kettunen Center was the first 4-H volunteer and youth training center in the nation, owned and operated by the Michigan 4-H Foundation from 1961 to 2021. The center's remaining merchandise, such as sweatshirts, t-shirts, jackets, mugs and more, is now available for sale! We know the Kettunen Center meant so much to the 4-H community and this is an opportunity to purchase something by which to remember the center. Purchase yours today at <https://mi4hfdtn.org/shopkett/>.

KETTUNEN CENTER MERCHANDISE SALE

SHOP NOW





STATEWIDE 4-H NEWS

MSU Extension announces statewide public listening sessions

Adapted from: <https://www.canr.msu.edu/news/msu-extension-announces-statewide-public-listening-sessions-in-november-and-december>.

Whether it's supporting the dedicated professionals who drive the state's agriculture economy or empowering children to develop leadership skills, helping others is central to the mission of Michigan State University Extension, the community outreach arm of the university.

"Service is at the core of who we are," said Quentin Tyler, director of MSU Extension. "As we think strategically about our organization, we value input from those we serve most of all."

With that in mind, MSU Extension is holding a series of public listening sessions at various locations across the state as part of an ongoing strategic direction process. These sessions will begin in late November and continue through mid-December.

Through these sessions, the organization hopes to gather input from a diverse group of people to determine where MSU Extension is, what is working well and opportunities for improvement. This feedback will be used to help shape MSU Extension's priorities and service for years to come.

Each listening session will begin with a welcome from MSU Extension leadership and staff. Then, participants will be divided into two groups – external participants and partners will gather in one room, and MSU Extension faculty and staff will gather in another. In each of these rooms, participants will be invited to share their perspectives and insights through a series of facilitated activities. Questions will center on topics such as: emerging social, economic, and other trends that participants expect will impact them in the future; what participants know MSU Extension for; what participants believe MSU Extension does well, and what they think can be improved; and what participants envision a thriving MSU Extension would look like in the future. Common themes heard from participants will be identified and reflected to the entire group for each activity.

Everyone is welcome and encouraged to attend – youth, parents, community and statewide partners, all MSU Extension-affiliated faculty and staff, and curious community members. Translation and interpretation services, as well as other accommodations, may be available upon request.

Listening Session Locations and Dates:

- **Nov. 28** - Detroit - 1-3:30 p.m. - MSU Detroit Center
- **Nov. 28** - Troy - 6-8:30 p.m. - Troy Continuing Education Building
- **Nov. 29** - East Lansing - For public attendees only, 9-11:30 a.m. - Hannah Community Center
- **Nov. 29** - East Lansing - For MSU Affiliated Staff only, 1-3:30 p.m. - MSU Campus, Conservatory
- **Dec. 11** - Marquette - 4-6:30 p.m. - Northern Center, Northern Michigan University
- **Dec. 12 - Grayling** - 4-6:30 p.m. - Kirtland College Event Center
- **Dec. 13 - Frankenmuth** - 4:30-7 p.m. - Saginaw Valley Research and Extension Center
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- **Dec. 18 - Kalamazoo** - 4-6:30 p.m. – Delta Hotels Kalamazoo Conference Center

Pre-registration is highly encouraged. Walk-in registrations may be limited due to facility capacity. Register now at events.anr.msu.edu/listeningseries. Questions? Contact Kathy Walicki at walicki@msu.edu or Marie Garcia at garci434@msu.edu.





MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

- 12/5/2023: Essential Skills for Learning and Life
- 12/12/2023: Talking with Kids about Race
- 12/19/2023: Mindfulness for Children
- 12/26/2023: NO CLASS

Registration: https://msu.zoom.us/webinar/register/WN_APSEiTFUTfOSwoRU7aQ17g

For more information contact Courtney Aldrich at aldric82@msu.edu



Guidance and Discipline: Mistaken Goals of Misbehavior

Michigan State University Extension has partnered with Cooperative Extension in other states to provide more resources and classes for you! This workshop will look at the causes of children's misbehavior and techniques to respond to their mistaken goals.

Class date: December 4th, 2023, 8:00-9:00pm EST

To register go to: <https://go.unl.edu/fhkonehour>

There is an option to watch the "live" or "recorded" version of each session. You will have one week after the recorded session is available to watch the webinar and receive continuing education credits. Questions? Email fhk@unl.edu or call 402-336-2760

Guiding Principles

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five-week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates/times: 11/20, 11/27, 12/4, 12/11, 12/18 7:30pm-9pm EST

Registration: https://msu.co1.qualtrics.com/jfe/form/SV_6XReroOy9fS0mKa

For more information, contact Courtney Aldrich, aldric82@msu.edu or Carrie Shrier shrier@msu.edu

Kinship Caregiver Classes

Kinship Caregiver classes are targeted to relatives caring for another relative's children.

Essential Skills for Learning and Life will help parents learn about social emotional intelligence, the critical skills children need to learn and how you can incorporate them into everyday interactions with young children and gain resources to support skill building.

Class date: December 13th "Essential Skills for Learning and Life" from 7:00-8:30pm EST

Registration: https://msu.zoom.us/webinar/register/WN_msxyZuH0QeS9MsKaD_y7Tg

For more information, contact Courtney Aldrich, aldric82@msu.edu



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Title: Mindfulness for Young Children

Class Date: 12/21/2023

Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_jLVWzzM6Qlimr7VBOCrrPA

For more information contact Vivian Washington at washi138@msu.edu



Title: Positive Discipline

Class Date: 12/22/2023

Class Time: 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN_jLVWzzM6Qlimr7VBOCrrPA

For more information contact Vivian Washington at washi138@msu.edu

In-Person Workshop: Including All of Us

Including All of Us is an intensive training to provide an opportunity for child care professionals to learn about issues of diversity, equity and inclusion in early childhood. Including All of Us includes group content, where early childhood professionals can explore their own beliefs, worldviews and understanding of issues surrounding diversity. Participants learn about ways they can incorporate anti-bias education into their work with young children and create environments of equity for all children. Including All of Us provides an opportunity for teachers to practice self-reflection and develop an awareness that will have a positive impact on their teaching, child care skills, and family interactions.

This in-person, free program is six hours in length and can be taught in one six-hour session or two, three-hour sessions. The program is approved in the MiRegistry system and completion certificates are available.

To schedule a workshop at your location, contact Vivian Washington at washi138@msu.edu

Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a “parent and caregiver” track and a “professional” track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <https://www.canr.msu.edu/courses/positive-discipline-online-course>

Infant Safety

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called “Sleeping, Crying, Driving.” This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early_childhood_development/infant-safety/